

### **Esophagogastroduodenoscopy (EGD)**

This procedure that utilizes a scope with a camera on the tip which the surgeon can insert down the throat to examine the upper digestive system including the stomach and duodenum. There are various reasons a provider would order an EGD.

#### **Diagnosis**

- This exam may be helpful in visually detecting abnormalities
- EGDs allow the provider to take biopsies for pathological lab testing
- To evaluate various symptoms including:
  - Nausea and vomiting
  - Pain or discomfort
  - Difficulty swallowing
  - Bleeding
  - Acid reflux/regurgitation

#### **Risk**

- Injury to the gastrointestinal tissues such as tearing or perforation
- Bleeding, from damaged tissue or biopsy
- Reaction to sedation or anesthesia

#### **Recovery**

Recovery is usually minimal for this procedure, but the patient may experience:

- Sore throat (drinking ice water may help)
- Abdominal bloating and gas
- Abdominal pain